



Athlete/Parent Information for the 2014/2015 Ontario Climbing Federation Season

The new season is here, and we want to make sure all competitors and their families are prepared. Here are the things you need to know this year:

Competition Categories

Each competitor's category is determined by their year of birth. The ages shown for reference refer to the age the athlete will turn during 2015:

- D (11 and under): born in 2004 or later
- C (12/13): born in 2002 or 2003
- B (14/15): born in 2000 or 2001
- A (16/17): born in 1998 or 1999
- Junior (18/19): born in 1996 or 1997

OCF Membership Requirements

- All competitors must have an OCF Series Membership, or buy a 1-day Membership at each event. Only Series Members are eligible to have their series points tracked during the season (starting from the point they buy their membership), and to compete for series awards at the end of the season. You can buy OCF memberships at any OCF competition, or online at <http://my.climbontario.ca/membership.php>. Details about membership are available at <http://www.climbontario.ca/ocf-memberships/>.
- All competitors must have a completed, signed OCF waiver form before competing at an OCF event. Athletes under 18 must have their waiver signed by a parent. The form is available at <http://www1.climbontario.ca/wp-content/uploads/2013/01/OCF-Waiver.pdf>. Once completed, this form need not be submitted again until the athlete turns 18, at which point they must sign their own form as an adult.
- All competitors must show proof of birth (government-issued ID such as a Health Card, Driver's License or Passport) **once** to an OCF board member. This is required in order to place each competitor in the correct category. You can do this at any OCF competition, or at any time in person with a member of the OCF Board of Directors. Once the OCF has seen proof of birth date, you do not need to do this again. Competitors who have not shown proof of birth will not have their results included in any official results.
- All competitors must show proof of citizenship **once** to an OCF board member. This is required in order to ensure appropriate quotas for Canadian citizens at Provincial championships and beyond. This information must be kept current with any change in Canadian citizenship status.

Hosting Gym Requirements

- Each facility hosting an OCF competition has its own waiver form. Typically, athletes under 18 need their parent to sign their form. In most cases, the gym retains the waiver once signed, but in some cases the form must be signed for each event.
- Those in B category and above who are lead climbing in competition typically must be lead-tested by the hosting facility. Athletes should plan to arrive early to allow time for this, or arrange a lead test in advance of the competition where possible.

OCF Series Rules

The rules governing the OCF Youth Competition Series, including the awarding of series points, are posted at <http://www.climbontario.ca/u20-series-rules/>.

Competition Schedule

The schedule of competitions is posted at <http://www.climbontario.ca/comp-schedule/>.

National Federation Membership Requirements

- The OCF coordinates membership with the CEC, Canada's national climbing federation. National membership is **not** required for local competitions within Ontario, but **is** required for participation at all events beyond the Provincial championships. You can buy a national membership at any OCF competition, or online at <http://my.climbontario.ca/membership.php>. Details about membership are available at <http://www.climbontario.ca/ocf-memberships/>.

Volunteering

It takes many people to run a successful competition! The hosting facility usually needs people to volunteer for some or all of the following roles, depending on the type of competition:

- Belayers (top-rope and lead)
- Judges
- Timekeepers
- Isolation monitors and runners
- Forerunners

Please consider volunteering at one or more competitions this season! We will be running judging clinics to teach people how to become judges, and we will ease you into the role so you don't feel like you're suddenly on the spot. To volunteer, contact volunteers@climbontario.ca.